

SOMMARTRÄNING - GAGA

3 - 7 augusti 2020

Gaga provides a framework for discovering and strengthening the body and adding flexibility, stamina, agility, and skills including coordination and efficiency while stimulating the senses and imagination.

Gaga is the movement language developed by Ohad Naharin throughout many years, parallel to his work as a choreographer and artistic director (1990-2018) of Batsheva Dance Company.

Gaga classes are predicated on a deep listening to the body and to physical sensations. The instructions are deployed to increase awareness of and further amplify sensation, information is layered, building into a multisensory, physically challenging experience. While many instructions are imbued with rich imagery, the research of Gaga is fundamentally physical, insisting on a specific process of embodiment.

Gaga/dancers deepens dancers' awareness of physical sensations, expands their palette of available movement options, enhances their ability to modulate their energy and engage their explosive power, and enriches their movement quality with a wide range of textures. The classes employ the specific vocabulary and skills that are part and parcel of a dancer's knowledge. The layering of familiar skills with Gaga tasks presents dancers with fresh challenges, and throughout the class, teachers prompt the dancers to visit more unfamiliar places and ways of moving as well, unlocking the endlessness of possibilities. Dancers are guided to connect their effort to pleasure and to discover the virtue of silliness. **Photo: Gadi Dagon**

Lee Brummer is an independent choreographer, international guest teacher and educator as well as the co Founder and Associate Director of Gothenburg based dance company, ilDance

Emma Rozgoni holds her BA degree in dance from the National Academy of Arts, Oslo. After years of researching Gaga, with Ohad Naharin and the Batsheva Dance Company, freelancing and performing in Amsterdam and Israel, and a year at the Gaga Teacher Program, Emma became a certified teacher of the movement language in 2012.

Ansök på https://dansalliansen.se/w/91

DANS ALLIANSEN

Ledare	**Lee Brummer och Emma Rozgoni**
Startdatum	2020-08-03
Slutdatum	2020-08-07
Tider	12.00 - 13.15
Antal dagar	5 dagar
Sista ansökningsdag	2020-08-07
Plats	Hallen Farsta (Hus O)
Adress	Mårbackagatan 11