



## GOING DEEPER

9 - 13 September 2019

**In his practice and performance, Paul White engages a balance of strength and softness, masculinity and femininity, calm and rigor; eating up the space, playing, risking it - Australian style!**

This workshop is directed to professional's dancers in cooperation with Balettakademien Stockholm.

The movement vocabulary of the class is based on Paul's performance and movement background, influenced by the styles of *Tanztheater Wuppertal /Pina Bausch*, yoga-based movement, release techniques, kung fu, and basic floor and acrobatic techniques.

In Going Deeper, Paul further explores different choreographies based on the various movement qualities he has engaged over his 20 year career. The workshop will include his interpretation of typical Bausch movement pathways, strung together to create seamless sensitive movement phrases. Participants will experiment further with class movement phrases based on sections of repertoire from *cella* (floor based, visceral, spiraling, inversion,) *Anatomy of an Afternoon* (context based, layered structural improvisation, textural, technical), and *The Oracle* (interpretive, modern, genre ambiguity). Going Deeper looks closely at how the breath can be a driving force for movement, or a supportive accompaniment. It investigates what is important to individuals in dance practice and performance, and brings to consciousness the dancers' personal focus during practice. This explorative and practical workshop opens dialogues to bring consciousness, freedom and fun to dancers' practice.

The workshop is a collaboration between Dansalliansen and Balettakademien Stockholm.

**Paul White**, is an Australian born dance-artist who is currently based in Berlin. Until 2017 he was employed by Tanztheater Wuppertal Pina Bausch.

His twenty-year long career as a performer and artistic collaborator includes engagements with Tanztheater Wuppertal Pina Bausch, DV8 Physical Theatre, Tanja Liedtke, Nigel Jamieson, Australian Dance Theatre among others.

Ansök på <https://ansok.dansalliansen.se/workshop/going-deeper>

**Dans**alliansen

<b>Ledare</b>	Paul White
<b>Startdatum</b>	2019-09-09
<b>Slutdatum</b>	2019-09-13
<b>Tider</b>	Daglig träning 10.30-12.00 Workshop 13.00-16.00
<b>Antal dagar</b>	5 dagar
<b>Sista ansökningsdag</b>	2019-08-25
<b>Plats</b>	Balettakademien Stockholm
<b>Adress</b>	Birger Jarlsgatan 70